

Harmony Newsletter

Winter 2021



News Bites!

New Facilitator We would like you to join us in wishing a warm welcome to our new Facilitator Becca! Becca is coming to us with extensive experience, knowledge and enthusiasm so we all look forward to working with and having Becca with us along our journeys.

Change of Location! Thank you to everyone who supported us with our temporary move to the Youth Centre. It's good to be back at the Burrough Harmony centre. Our tree is up and decorated and sparkling in the corner.

Bereavement Group Opens We are holding this group once a month, on every second Monday. The next will be on 10th January 2022.

Our Christmas meet up was at The Market House Inn, on 8th December.

Christmas Tree - We were kindly donated a beautiful, live tree from Groves by Rural ranges.

Allotment

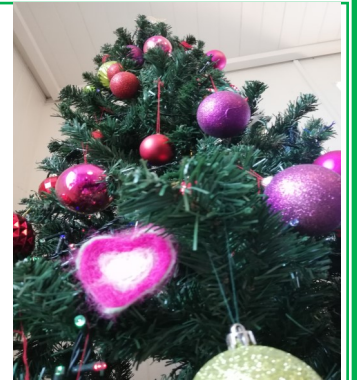
Winters Welcome

The riot of summer flowers now lies deep in a compost bin, Their raised beds replaced with onions, garlic, kale and sage, The apple tree has given us the last of a hundred fruits, Perpetual spinach and parsley are gifts that keep on giving. Seeds, collected from their dry stems are stored away, Dormant until spring comes their way, Sunflower heads hang from a tree, feeding birds and mice, Narcissi bulbs and foxgloves settle in, full of hope. In the polytunnel, winter salad leaves grow strong and steady, Broadbean plants are already fleshy, More onions and a new strawberry patch, A seating area so you can relax, surrounded by nature's magic. We end autumn with thanks on a composting note, Our community appeal for more bins had a great response, We now have five bins in various states of decay, Quietly doing their thing; preparing to improve the soil someday.

Christmas Closure

We are going to be **closed between Christmas and New Year.** The last day will be the 24th December and **back on the 5th January.**

Community Front Rooms will be open throughout.



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